



# Another Northeast Rehab success story from Huggins Hospital...

Name: Evelyn Brown  
 Diagnosis: Stroke, hyperlipidemia and questionable hypertension  
 Age: 81  
 Case Manager: Anne Wiggin  
 Admitted on: December 9, 2011  
 Discharged on: December 16, 2011

Evelyn was admitted to NRHN after taking a fall when her body started to move uncontrollably. That incident was followed later by her not feeling "right" and then she woke up unable to speak with a facial droop and upper extremity weakness.

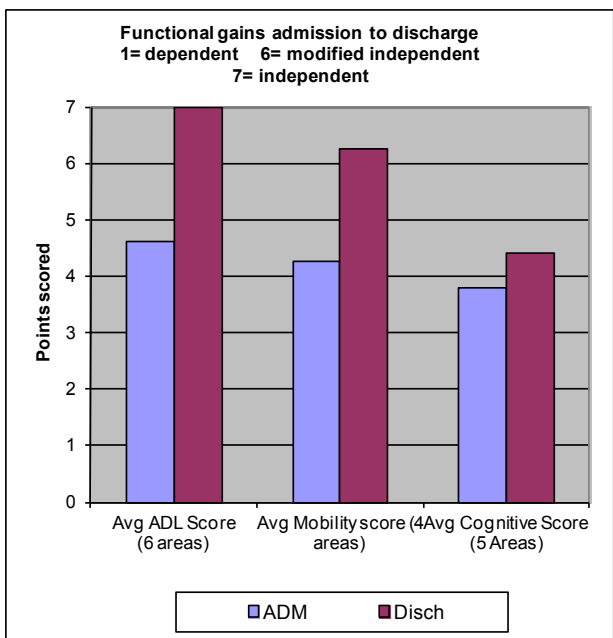
Upon admission to NRHN, she received speech therapy for treatment of dysphasia, aphasia and dysarthria. She required assistance with grooming, eating, bathing and dressing which were addressed with occupational therapy. Evelyn was ambulating 30 feet with supervision and needed cueing to pace herself when working with her physical therapist. Nursing helped her understand her current medication and educated her on the use of Coumadin.

At discharge, Evelyn is independent with all transfers, mobility and ADL's. She is returning to the community with continued speech therapy and will practice swallowing strategies and oral exercises at home. Additionally, her plan of care includes OT to address right upper extremity strength and PT for functional community mobility. And finally, she will work with an RN

to continue her education in medication management, safety and monitoring.

Evelyn feels that the entire rehab team (therapists, nurses and physicians) were always there to meet her needs saying, "Everyone here gets an A+ and treated me like an angel." She also felt it was helpful that her family participated in her rehab program.

The staff at NRHN described Evelyn as highly motivated and a joy to work with during her stay. Before she left she shared one of her favorite quotes with our recreational therapist: "Eternal vigilance is the price for liberty."



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