



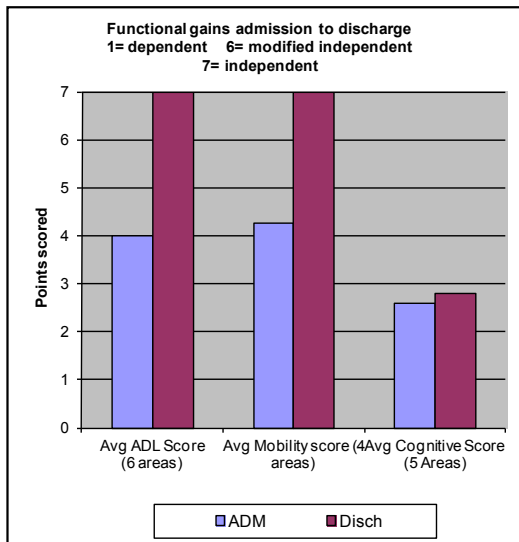
Another Northeast Rehab success story from Mass General Hospital

Name: Kate Kennedy
 Diagnosis: Stroke
 Age: 30
 Admitted on: July 1, 2011
 Discharged on: July 14, 2011

After experiencing an acute onset of garbled speech, right facial droop and RUE weakness Kate was admitted to Parkland Medical Center in Derry and then transferred to MGH in Boston.

When admitted to NRHN Kate presented with global aphasia, the ability to follow only minimal commands with maximum cueing and right side weakness. Impulsive and at risk for falls, she ambulated with the assistance of one and required minimal assist for transfers and bed mobility. Eating, grooming and dressing were a challenge for her and required moderate assistance. Finally, she required maximum assistance for expression.

Prior to her stroke Kate was independent and working as a PT supervisor. She is married and lives at home with her husband, their one year old son and boxer, Eddy.



During her rehabilitation NRHN therapists introduced the iPad to work on augmentative communication and therapy training. She went on therapeutic out trips to the grocery store and to the park with her son. Her rehab program also included activities specific to her previous job as a physical therapist and childcare activities such as dressing, using a stroller, high chair and car seat, playing on the floor and walking while carrying a child. Kate also participated in Animal Facilitated therapy and pet care activities including walking the dog outdoors and training the dog. She practiced a number of home management activities such as laundry, cooking and cleaning.

Kate is currently at home and is independent in bed mobility, ambulation and ADL's. She continues to receive speech therapy at

NRHN for expressive aphasia and is making steady gains. She is currently in the process of becoming an NRHN Peer Visitor to give support to our patients who have survived a stroke and are in the process of their rehabilitation. The staff at NRHN believes that Kate's perseverance, motivation and the support of her family have been major contributors to her success.



"You have to do this!"

