Stroke Resources



Table of Contents

National Organization	2-3
Foundations	4
Support Groups	5-6
Magazines/ Newsletters	7-8
Books on Tape	9
Research	10
Assistive Technology	11-12
Adaptive Equipment/Recreation	13-15
Traveling	16-18

National Organizations

American Stroke Association

7272 Greenville Ave.
Dallas, TX 75231
1-888-478-7653
www.Strokeassociation.org

National Stroke Association

9707 E. Easter Lane, Suite B Centennial, CO 80112 1-800-STROKES 1-800-787-6537 www.stroke.org

American Heart Association

7272 Greenville Ave. Dallas, TX 75231

Customer Service: 1-800-242-8721

www.heart.org

Brain Injury Association of NH

109 North State Street, Suite 2 Concord, NH 03301

Info Line: 800-773-8400

National Toll-Free: 800 444 6443

Phone: 603-225-8400 http://www.bianh.org

Brain Injury Association of MA

30 Lyman Street, Suite 10 Westborough, MA 01581 (508) 475-0032

Toll-Free: (800) 242-0030 http://www.biama.org/

Brain Injury Association of ME

60 Western Avenue, Suite 3, Box 221

Augusta, ME 04330

National Toll-Free: 800-444-6443

http://www.biausa.org/maine

Brain Injury Association of America

1608 Spring Hill Road, Suite 110 Vienna, VA 22182 (703) 761-0750 www.biausa.org

The Internet Stroke Center

5323 Harry Hines Blvd Dallas, Texas 75390 214-648-3111 www.strokecenter.org

The Stroke Network

www.Strokenetwork.org

Stroke education: http://www.strokeeducation.info/

Family Caregiver Alliance

785 Market St., Suite 750 San Francisco, CA 94103 1-800-445-8106 www.caregiver.org/health-issues/stroke

Foundations

RTH Stroke Foundation: Prevention, awareness, support

The Roxanna Todd Hodges Foundation 23382 Mill Creek Drive, Suite 130 Laguna Hills, CA 92653 Phone (888) 794-9466 http://rthfoundation.org

The Krempels Brain Injury Foundation

100 Campus Drive Portsmouth, NH 03801 (603) 570-2026

Community program: (603) 570-2026, x2

www.krempelscenter.org

Support Groups

Stroke and Brain Injury Support Group for Survivors

Northeast Rehabilitation Hospital

Salem, NH 03079

1st Wednesday of the month 5:00 - 6:00 p.m.

Contact: Jess Anderson, SLP (603) 893-2900 ext. 3218 www.northeastrehab.com

Focus: Education and peer support for stroke and brain injury survivors and

families

Stroke and Brain Injury Support Group for Survivors

Northeast Rehabilitation Hospital at Pease

105 Corporate Drive, Portsmouth, NH

Second Monday of each month from 5:00 – 6:00 PM

Contact: Liz Barbin, MS CCC-SLP

(603) 501-5572

www.northeastrehab.com

Focus: Education and peer support for stroke and brain injury survivors and

families

Mild Brain Injury Support Group

Northeast Rehabilitation Hospital

Salem, NH 03079

2nd Wednesday of each month from 5:00-6:00 PM

Contact: Barbra Capobianco, MS, CCC/SLP

(603) 893-2900 x3218

www.northeastrehab.com

Join the group for support, education, and a time to openly informally share your thoughts, feelings, and experiences.

St. Joseph Hospital Rehab Stroke Support Group

St. Joseph's Hospital

Nashua, NH 3061

1st Wednesday of each month from 6:00-7:30pm

Contact: Patti Motyka

(603) 595-3175

Manchester Brain Injury Support Group

Catholic Medical Center, Unit F200

Manchester, NH 03102

Contact: Bob Viera (603) 663-6662

Community Stroke Support Group

Contact: Jessalynn Lakowicz

(603) 226-9812

Concord, NH 03301

HealthSouth Rehab Hospital-Classroom

Aphasia Community Group

Boston University Sargent College

635 Commonwealth Avenue, Boston MA, Room 102.

All groups meet from 11am-2pm, once a month- Dates located on website

Contact: Jerome Kaplan

(617)-353-0197.

http://www.bu.edu/aphasiacenter/programs/aphasia-community-group/

York Hospital Stroke Support Group

Living Well Center

127 Long Sands Rd

York, ME 03909

4th Monday of every month from 10-11:30am

Contact: Susan Kelly-Westman

(207) 351-3721

http://www.yorkhospital.com

Please refer to the National Stroke Association website for more locations of support groups:

http://portal.stroke.org/a_supportgroupsearch

Magazines/ Newsletter

He@lthline Online

www.heartandstroke.com Search: healthline

Monthly e-newsletter provides you with essential heart-health information that you can trust from the experts at the Heart and Stroke Foundation.

National Stroke Association: Stay Informed

- StrokeSmart Magazine
- Brain Alert Newsletter
- Stroke Advocacy Network E-newsletter
- Stroke Smart E-newsletter

Toll Free-1-800-787-6537

http://www.stroke.org/site/PageServer?pagename=stayinformed

Stroke Connection Magazine

Affiliated with American Stroke Association 7972 Greenville Avenue Dallas, TX 75231

Toll Free- 1-888-478-7653

http://strokeconnection.strokeassociation.org/

"Award winning content, Quarterly issues, monthly e-news, FREE subscription."

NINDS Newsletter

National Institute of Neurological Disorders and Stroke

Division of Extramural Research

6001 Executive Boulevard, Suite 3309

Bethesda, MD 20892-9531 Toll Free: 1-800-352-9424 Phone: (301) 496-5751

http://www.ninds.nih.gov/news_and_events/index.htm

Stroke Smart

1-800-787-6537

http://www.stroke.org/stroke-resources/strokesmart-magazine

Is a flagship publication dedicated to the millions of families impacted by stroke.

MPower

www.mpower-sports.com

https://www.facebook.com/mpowersportsrec

Mpower Sports and Recreation is a disability sports news network where journalists, photographers and filmmakers can tell the stories of our community.

Emerging Horizons

C & C Creative Concepts PO Box 278 Ripon, CA 95366

Fax Number: 1-209-599-9482 www.emerginghorizons.com

Magazine about accessible travel—provides many articles and accessible travel resources.

Books/Magazines on Tape

Maine State Library Talking Books

1-800-762-7106

http://maine.gov/msl/outreach/lbph/talkingbooks/

Worcester Talking Books for Massachusetts Residents

1-800-762-0085

http://talkingbook.mywpl.org/

New Hampshire State Library Talking Books

(603) 271-3429

https://www.nh.gov/nhsl/talking_books/

Massachusetts/Perkins Library

(603) 271-3429

Toll Free: 1-800-852-3133

www.perkinslibrary.org/library

National Library Service for the Blind and Physically Handicapped

1-888-657-7323

http://www.loc.gov/nls/index.html

Choice Magazine Listening

1-888-724-6423

Website: www.choicemagazinelistening.org

Research

American Heart Association

7272 Greenville Ave.
Dallas, TX 75231

Customer Service: 1-800-242-8721

www.heart.org

National Stroke Association

9707 E. Easter Lane, Suite B Centennial, CO 80112 1-800-787-6537 www.stroke.org

The Internet Stroke Center

UT Southwestern Medical Center
Department of Neurology and Neurotherapeutics
5323 Harry Hines Blvd
Dallas, Texas 75390
214-648-3111
www.strokecenter.org

National Institute of Neurological Disorders and Stroke

Division of Extramural Research 6001 Executive Boulevard, Suite 3309 Bethesda, MD 20892-9531

Toll Free: 1-800-352-9424 Phone: (301) 496-5751

http://www.ninds.nih.gov/news_and_events/index.htm

Assistive Technology

Able Data

103 W. Broad Street, Suite 400 Falls Church, VA 22046 1-800-227-0216

http://abledata.com/

'AbleData provides objective information about assistive technology products and rehabilitation equipment.'

All-Ways Accessible

128 Hall St, Suite F Concord, NH 03301 1-800-684-0270

www.awalifts.com

'All-Ways Accessible, Inc. specializes in the sale, installation and service of residential home elevators, Stiltz, limited use limited application elevators (L.U.L.A), vertical wheelchair lifts, stair lifts, dumbwaiters, material handling lifts, patient lifts, and modular ramps.'

Assistive Technology in NH (AT in NH)

University of New Hampshire Institute on Disability 10 West Edge Drive, Suite 101 Durham, NH 03824 (603) 862-4320

www.atinnh.org

'AT in NH has two main focuses; Training, Education and Outreach: AT Trainings, Classes, and Workshops and AT Policy and Assistive Technology Services: Equipment Demonstrations, Loans and Refurbishing/Recycling'

Crotched Mountain ATECH Services

57 Regional Drive, Suite 7 Concord, NH 03301 (800) 932-5837 or (603) 226-2900 ext. 29 http://www.crotchedmountain.org/atech/

'As the largest and most comprehensive provider of assistive technology services in New Hampshire, Crotched Mountain ATECH Services offers creative options for people of all ages and abilities.'

Ride-Away

54 Wentworth Avenue Londonderry, NH 03053 (800) 237-7979 or (603) 216-3964

www.ride-away.com

'Ride-Away® is one of the largest wheelchair van dealers in the United States because we offer the industry's best service and product selection.'

New England Assistive Technology Center

33 Coventry Street Hartford, CT 06112 (860) 243-2869

www.neatmarketplace.org

'Sets the standard in providing education and lifelong learning opportunities to enhance independence and quality of life for people with disabilities

Ability Hub; Assistive Technology Resources

http://abilityhub.org/

Ability Hub offers assistive Technology solutions for people with a disability who find operating a computer difficult, maybe even impossible.

Adaptive Equipment/Recreation Leisure

Northeast Passage

107 Hewitt Hall. UNH Durham, NH 03824 603-862-0070

http://www.nepassage.org

'Explore health, wellness, access, sports and recreation with Northeast Passage, serving individuals with disabilities, their friends, families and communities'

Waterville Valley Foundation Adaptive Sports Programs

Box 253

Waterville Valley NH 03215 Contact: Kathy Chandler 603-236-8311, ext. 3175

http://www.waterville.com/adaptive-sports-program.html

'Physically and mentally challenged children and adults team up with extraordinary volunteers and learn to ski down a snowy slope unencumbered by a wheelchair or braces.'

New England Disabled Sports

At Loon Mountain Contact: 603.745.9333 At Bretton Woods Contact: 603.278.3398 http://nedisabledsports.org/about-neds/

http://www.brettonwoods.com/alpineski/?edit_id=87

New England Handicapped Sports Association [NEHSA]

P.O. Box 2135 Newbury, NH 03255-2135 603-763-9158

http://www.nehsa.org

NEHSA bears witness to the triumph of the human spirit by helping people with disabilities and their families enrich their lives through adaptive sports, recreation and social activities.

^{&#}x27;Providing adaptive sports instruction to students of all ages and abilities'

Huggins Hospital Adaptive Sports Program

240 South Main Street Wolfeboro, NH 03894

Contact: Jennifer Fraser PT

603-569-3022

http://www.hugginshospital.org

Programs offered are Adaptive Ski Program at King Pine Ski Area, Therapeutic Riding Program, Adaptive Biking, Children's Tennis. Equipment available for use -by reservation in lesson programs: Mono Ski, Bi Ski, Dual Ski, Three Track, Four Track, Slider-Glider, Two Track Adaptive - Children's Starter Tennis Equipment

AbilityPLUS Inc

855 Hanover St. #497 Manchester, NH 03104 800-287-8415

http://www.abilityplus.org/

'Organization dedicated to enriching the lives of program participants, their families, friends and a community of volunteers who together provide life changing, year 'round adaptive sports and recreation for people with any type of disability.'

Crotched Mountain Rehabilitation Center

Wheelchair Seating and Mobility Clinic 1 Verney Drive Greenfield, NH 03047 (603) 547-3311, Ext. 1597 www.crotchedmountain.org

Offering a lifelong alliance to people with disabilities.

Crotched Mountain, Refurbished Equipment Marketplace

57 Regional Drive, Suite 7 Concord, NH. 03301 (603)-226-2900

www.shoprem.com

Centralized depository of previously owned assistive technologies that have been donated, refurbished, and made available for purchase to individuals and dealers throughout New Hampshire.

Disabled Sports USA

451 Hungerford Drive, Suite 100, Rockville, Maryland 20850 1-301-217-0960

http://www.disabledsportsusa.org/

Providing adaptive sports opportunities for people with disabilities to develop independence, confidence and fitness through sports.

National Alliance for Accessible Golf

One World Golf Place St. Augustine, FL 32092-2724 (904) 940-4204

www.accessgolf.org

Couples community programs and resources to enhance opportunities for people with disabilities to become involved in the game of golf.

Access Sport America

119 High Street Acton, MA 01720 978-264-0985

Toll Free: 866-457-7678

http://www.accessportamerica.org/

Inspires higher function and fitness for children and adults of all disabilities through high-challenge sports and training.

Waypoint Adventure

453 Concord Ave Lexington,MA 02421 781-325-7980

www.waypointadventure.org

Help youth and adults with disabilities discover their purpose, talents and strengths through the transforming power of adventure.

Travel

Society for Accessible Travel and Hospitality (SATH)

1489 West Palmetto Park Road

Suite 495

Boca Raton, FL 33486

(212)-447-7284 1-800-513-1126

www.sath.org

SATH provides a wealth of information including national and international travel, variety of travel resources, calendar of events and travel tips and access information.

Accessible Journeys, Inc.

Toll Free: 1-800-846-4537 www.accessiblejourneys.com

USATourist

USA Travel Access for the handicapped

107 Bunker Hill Dr.

McMurray, PA 15317

Phone Number: 1-412-854-0200

http://www.usatourist.com/english/traveltips/handicapped-travel-tips.html

Provides information on transportation access, hotel accommodation access, blind or visually impaired access and hearing impaired access.

ABLEDATA

8630 Fenton Street, Suite 930 Silver Spring, MD 20910 1-800-227-0216

www.abledata.com

Provides extensive information and links to a variety of accessible travel resources including organizations and news.

National Center on Accessibility

501 North Morton St. Suite 109 Bloomington, IN 47404-3232 1-812-856-4422

www.ncaonline.org

Provides information on recreation parks and tourism nationally.

Organization Name: U.S. Department of Transportation

U.S. Department of Transportation
400 7th St.S.W.
Washington, D.C 20590
1-202-366-4000
www.dot.gov/index.cfm

Provides information on accessible rail and air travel.

New England State Access

New Hampshire

http://www.nhstateparks.org/

Information on the accessibility of state parks and beaches.

Visit NH

Division of Travel and Tourism Development 172 Pembroke Road Concord, NH 03301 http://www.visitnh.gov/

Provides an advanced search engine for accessible attractions.

Official State of Maine Website

www.maine.gov/portal/visiting/accessrec

Provides a Maine listing of accessible arts, recreation, sports centers, and leisure activities.

Massachusetts Department of Conservation and Recreation

251 Causeway St. Boston, MA 02114 1-617-626-1250

www.mass.gov/dcr/index.htm

Provides a listing of accessible Massachusetts beaches and state parks.

Cape Cod Disability Access Directory

1-508-430-0136

www.capecoddisability.org

Provides a directory of accessible locations and activities on the Cape.