Amputee Resources
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Amputee Coalition of America provides:
- Ways to give
- Limb Loss Resource Centers
- Support Groups and Peer Support
- Health care providers
- Advocacy and Awareness
- Events and Programs
- Research

*Materiales en espanol
General Resources

_Freedom Innovations_
3 Morgan Irvine, CA 92618
Toll free: 888-818-6777
949-672-0032
http://www.freedom-innovations.com/amputee/
*Provide people with physical challenges the ability to achieve their full potential*

_PALS: Promoting Amputee Life Skills_
Associated with Amputee Coalition of America
1-888-267-5669
http://palsamputeelifeskills.org
*Ten-week program designed to develop skills to improve the quality of life for people who have lost a limb. The program was developed and evaluated by researchers at the Johns Hopkins University and University of Washington in collaboration with the Amputee Coalition of America in 2005 and 2006.*

_Above Knee Amputation Manual_
http://www.oandp.com/resources/patientinfo/manuals/akindex.htm

_Below Knee Amputation Manual_
http://www.oandp.com/resources/patientinfo/manuals/bkindex.htm
Foundations

Limbs for Life Foundation
218 E. Main Street
Oklahoma City, OK 73104
1-888-235-5462
www.limbsforlife.org/

The Limbs for Life Foundation is a global nonprofit organization dedicated to providing fully-functional prosthetic care for individuals who cannot otherwise afford it and raising awareness of the challenges facing amputees.
Support Groups

New Hampshire:

**NH Amputee Peer Group**
Healthsouth Rehabilitation Hospital
254 Pleasant St, Concord, NH 03301
Primary Contact: Shawn Lessard
(603) 226-9869
Meets 3rd Thursday of each month 5:30-7:30pm
www.healthsouthrehabconcordnh.com/en/hospital-programs/support-groups

Massachusetts:

**Spaulding Rehabilitation Hospital Amputee Peer Support and Education Group**
Primary Contact: Sally Johnson
Email: Sejohnson@partners.org
(617) 952-6254
www.spauldingrehab.com/patient-and-visitor-info/support-groups

Please refer to the Amputee Coalition website for more locations of support groups:

http://www.amputee-coalition.org/support-groups-peer-support/
Magazines/ Newsletters

Amputee News
http://amputeenews.com
News about, for, and by amputees

Amputee Golfer Magazine
National Amputee Golf Association
701 Orkney Ct.
Smyrna, TN 37167-6395
http://www.nagagolf.org

Active Living
Disability Today Network
P.O. Box 2660
Niagara Falls, NY 14302
800-725-7136
http://www.disabilitytodaynetwork.com/active-living
DT Network is a revolutionary new way to bring our community together to Discover New People, Products and Places

New Mobility
75-20 Astoria Blvd
East Elmhurst, NY 11370
Customer Service:
(800) 404-2898 ext. 7203
www.newmobility.com
The magazine for active wheelchair users.
MPower
www.mpower-sports.com
Mpower Sports and Recreation is a disability sports news network where journalists, photographers and filmmakers can tell the stories of our community.

Ability Magazine
PO Box 10655
Costa Mesa, CA 92627
(714) 854-8700
www.abilitymagazine.com
Research

Amputee Coalition of America
900 East Hill Avenue Suite 205
Knoxville, Tennessee 37915-2566
Toll Free: 1-888-267-5669
TTY-1-865-525-4512
http://www.amputee-coalition.org/research/

Live Science
New Theory Explains Why Amputees Feel Phantom Pain

Amputation and Prosthetic Engineering Research COE
http://www.amputation.research.va.gov/
Adaptive Equipment

All-Ways Accessible
128 Hall St, Suite F
Concord, NH 03301
1-800-684-0270
www.awalifts.com
All-Ways Accessible, Inc. specializes in the sale, installation and service of residential home elevators, Stiltz, limited use limited application elevators (L.U.L.A), vertical wheelchair lifts, stair lifts, dumbwaiters, material handling lifts, patient lifts, and modular ramps.

AbilityPLUS
P.O. Box 253
Waterville Valley, NH 03850
978-365-6200
http://www.abilityplus.org
Dedicated to helping disabled people of all abilities realize their dreams of inclusion through adaptive skiing and other recreation opportunities.

Bretton Woods Adaptive Ski Program
Route 302
Bretton Woods, NH 03575
603-278-3398
www.brettonwoods.com/activities/adaptive/overview
Serves the whole family, making it possible for everyone to enjoy the thrill of skiing regardless of disability
Granite State Adaptive Sports
PO Box 24  Mirror Lake, NH 03853
603-387-1167
Email: granitestateadaptive@gmail.com
http://www.gsadaptivesports.org/
Granite State Adaptive Sports offers a variety of adaptive cycling, equine and snow sports in the New Hampshire area.

New England Handicapped Sports Association [NEHSA]
P.O. Box 2135
Newbury, NH 03255-2135
Contact: Tom Kersey
603-763-9158
http://www.nehsa.org
NEHSA bears witness to the triumph of the human spirit by helping people with disabilities and their families enrich their lives through adaptive sports, recreation and social activities.

Northeast Passage
107 Hewitt Hall. UNH
Durham, NH 03824
603-862-0070
http://www.nepassage.org
Explore health, wellness, access, sports and recreation with Northeast Passage, serving individuals with disabilities, their friends, families and communities.
Waterville Valley Foundation Adaptive Sports Programs
PO Box 505
Waterville Valley NH 03215
603-236-8311, ext. 3175
http://www.waterville.com/info/winter/adaptive.asp

Physically and mentally challenged children and adults team up with extraordinary volunteers and learn to ski down a snowy slope unencumbered by a wheelchair or braces.

The White Mountain Adaptive Ski School, Loon Mountain
(New England Disabled Sports at Loon)
60 Loon Mountain Rd.
Lincoln, NH 03251
(603) 745-6281 ext.5663
Email: info@NEDisabledSports.org

Dedicated to providing ski instruction and adaptive equipment to adults, teens and children with physical and cognitive disabilities.

Crotched Mountain, Refurbished Equipment Marketplace
57 Regional Drive, Suite 7
Concord, NH. 03301
(603)-226-2900
www.shoprem.com

Centralized depository of previously owned assistive technologies that have been donated, refurbished, and made available for purchase to individuals and dealers throughout New Hampshire.
**Recreation Leisure**

**Disabled Sports USA**  
451 Hungerford Drive, Suite 100  
Rockville, Maryland 20850  
1-301-217-0960  
*Providing adaptive sports opportunities for people with disabilities to develop independence, confidence and fitness through sports.*

**Northeast Passage**  
107 Hewitt Hall, UNH  
Durham, NH 03824  
603-862-0070  
[http://www.nepassage.org](http://www.nepassage.org)  
*Explore health, wellness, access, sports and recreation with Northeast Passage, serving individuals with disabilities, their friends, families and communities.*

**New England Disabled Sports**  
Physical Address: 39 Loon Brook Road Lincoln, NH 03251  
Mailing Address: P.O. Box 26 Lincoln, NH 03251  
1-603-745-9333  
Email: info@NEDisabledSports.org  
[http://nedisabledsports.org/](http://nedisabledsports.org/)

**Veteran Amputee Golf Association**  
635 Canal St.  
Manchester, NH  
603-716-0941  
[http://vetsplaygolf.org/](http://vetsplaygolf.org/)
CAPEable Adventures, Inc.
36 Atkins Road, #C1
East Sandwich, MA 02537
508-566-3298
Email: infor@capeableadventures.org
http://www.capeableadventures.org
Activities: Hiking, kayaking, fishing, camping, swimming

Lakes Region Disabled Sports at Gunstock
719 Cherry Valley Road
Gilford, NH
603-737-4365
Toll Free at 1-800-GUNSTOCK ext. 165
Email: aski@gunstock.com
http://lradaptive.org/
Activities: Alpine downhill skiing, snowboarding

National Alliance for Accessible Golf
One World Golf Place
St. Augustine, FL 32092-2724
(904) 940-4204
Email: info@accessgolf.org
www.accessgolf.org
Couples community programs and resources to enhance opportunities for people with disabilities to become involved in the game of golf.

Access Sport America
119 High Street
Acton, MA01720
978-264-0985
Toll Free: 866-457-7678
Email: info@accesssportamerica.org
http://www.accesssportamerica.org/
Inspires higher function and fitness for children and adults of all disabilities through high-challenge sports and training.
National Amputee Golf Association
701 Orkney Ct
Smyrna, TN 37167-6395
http://www.nagagolf.org/

Waypoint Adventure
453 Concord Ave
Lexington, MA 02421
781-325-7980
www.waypointadventure.org
Help youth and adults with disabilities discover their purpose, talents and strengths through the transforming power of adventure.

Accessible parks/ recreation attractions
Please refer to:

New Hampshire

Massachusetts
http://www.mass.gov/eea/agencies/dcr/
Travel

**Society for Accessible Travel and Hospitality (SATH)**
347 5th Ave
New York, NY 10016
212-447-7284
Email: Sathinfo@sath.org
www.sath.org

**Access-ABLE Travel Source**
PO Box 1796
Wheat Ridge, CO 80034
1-303-232-2979
www.access-able.com

**Accessible Journeys, Inc.**
Toll Free: 1-800-846-4537
(610) 521-0339
www.accessiblejourneys.com

**Medical Travel, Inc.**
Toll Free: 1-800-308-2503
(407) 438-8010
www.medicaltravel.org
Comm Trans
792 South Cooper Street
Memphis, TN 38104
Toll Free: 1-800-737-9394
www.commtrans.com

Allied Community Services, Inc.
3 Pearson Way
Enfield, CT 06082-2655
(860) 741-3701
www.alliedgroup.org

Disabled Travelers
http://www.disabledtravelers.com

Ride-Away Wheelchair Vehicles
54 Wentworth Ave, Londonderry, NH 03053
(603) 437-4444
https://www.ride-away.com/

Nashua Transit System
City Lift- Offers services to seniors 65 years old and older, and to riders certified as disabled according to the Americans with Disability Act.
603-880-0100 (Must call ahead to schedule fare)