Spinal Cord Injury Resources



Table of Contents

| National Organization | 2 |
|------------------------|-------|
| Foundations/ Grants | 3 |
| Support Groups | 4 |
| Magazines/ Newsletters | 5-6 |
| Research | 7 |
| Assistive Technology | 8-9 |
| Adaptive Equipment | 10-12 |
| Recreation Leisure | 13-16 |
| Traveling | 17-18 |

National Organizations

The National Spinal Cord Injury Association

75-20 Astoria Blvd Jackson Heights, NY 11370 718- 803-3782 http://www.spinalcord.org/

American Spinal Injury Association

2209 Dickens Road Richmond, VA 23230 805-565-6396 http://www.asia-spinalinjury.org

Greater Boston Chapter of National Spinal Cord Injury Association

New England Rehab Hospital Woburn, MA 01801 617-952-5643 http://www.sciboston.com/

Satellite Office: Spaulding Rehab Hospital, 6th Floor 300 First Avenue Charlestown, MA 02129 617-952-5643 www.spauldingrehab.org

Paralyzed Veterans Association of America

801 Eighteenth Street, NW Washington, DC 20006-3517 1-800-424-8200 www.pva.org

Foundations/Grants

Spinal Cord Injury Resources

www.makoa.org/sci.htm

Christopher & Dana Reeve Foundation

636 Morris Turnpike Suite 3A Short Hills, NJ 07078 1-800-539-7309 www.christopherreeve.org

Travis Roy Foundation

Hemenway & Barnes LLP 75 State Street, 8th Floor Boston, MA 02109 Email - <u>info@travisroyfoundation.org</u> www.travisroyfoundation.org

Kelly Brush Foundation

7 Aspen Drive, Suite 1 South Burlington, VT 05403 Email- info@kellybrushfoundation.org 802-846-5298 www.kellybrushfoundation.org

Challenged Athletes Foundation

9591 Waples Street San Diego, CA 92121 858-866-0959 www.challengedathletes.org

Support Groups

New Hampshire:

Granite State Independent Living

21 Chenell Drive Concord, N.H. 03301 3rd Friday of each month from 5:30pm-7:30pm for group meetings and scheduled presentations. Contact: Mark Race 603-228-9680 ext 1306 www.Gsil.org

Massachusetts:

Boston Medical Center

7 West-Harrison Ave Campus Boston, Massachusetts, 02111 3rd Tuesday of the month at 4pm Contact: SCI Boston 781- 933-8666 http://www.sciboston.com/support.htm

GBC Office on the 9th Floor at Spaulding Rehab Hospital

125 Nashua Street Boston, MA 02114-1101 Group meets Every Thursday, from 4-5 PM (take elevator to 9th Floor, make a left off the elevator; second to last door on the right) Contact: SCI Boston 617- 573-2081 www.spauldingrehab.com

Berkshire/Pittsfield, MA Discussion Group Meeting

Berkshire Medical Center 725 North Street Pittsfield, MA 01201 Group Meets in the Medical Arts Complex, 5th floor 5:00-7:00 PM Held the first Thursday of the month 413- 884-2113

South Shore/Cape Cod Discussion Group Meeting

Spaulding Rehab Hospital 1st Floor Cafeteria 311 Service Road Sandwich, MA 02537 (Held the first Tuesday of the month) 6:00-7:30 pm 617- 952-5643

Springfield, MA Discussion Group Meeting

Mercy Hospital (Ohara Conference Room) 271 Carew St. Springfield, MA 01104 413- 748-6892

Magazines/ Newsletters

Facebook: New Hampshire National Spinal Cord Injury Association https://www.facebook.com/NHSpinalCord

Ability Magazine PO Box 10655 Costa Mesa, CA 92627 714- 854-8700 www.abilitymagazine.com

New Mobility 75-20 Astoria Blvd East Elmhurst, NY 11370 800- 404-2898 ext. 7203

www.newmobility.com The magazine for active wheelchair users.

Active Living Disability Today Network P.O. Box 2660 Niagara Falls, NY 14302 800-725-7136 http://www.disabilitytodaynetwork.com/active-living DT Network is a revolutionary new way to bring our community together to Discover New People, Products and Places.

Paraplegia News Magazine

http://pvamag.com/pn/ For better wheelchair living.

Sports 'N' Spokes Magazine

http://pvamag.com/sns/ The magazine for wheelchair sports and recreation

MPower

www.mpower-sports.com Mpower Sports and Recreation is a disability sports news network where journalists, photographers and filmmakers can tell the stories of our community.

Life in Action

http://www.spinalcord.org/life- in-action/ The United Spinal Association informative magazine.

Research

Christopher & Dana Reeve Foundation

636 Morris Turnpike Suite 3A Short Hills, NJ 07078 1-800-539-7309 www.christopherreeve.org

Spinal Cord Research Centre

http://www.scrc.umanitoba.ca/

The Miami Project to Cure Paralysis

1095 NW 14th Terrace Lois Pope LIFE Center Miami, FL 33136 305- 243-6001 or 1-800-STAND UP www.miamiproject.miami.edu

John Hopkins Medicine; Project Restore

http://www.hopkinsmedicine.org/neurology_neurosurgery/centers_clinics/project_ restore/

The National Spinal Cord Injury Association

75-20 Astoria Blvd Jackson Heights, NY 11370 718- 803-3782 http://www.spinalcord.org/category/news/research-studies/

Assistive Technology

Able Data

103 W. Broad Street, Suite 400
Falls Church, VA 22046
1-800-227-0216
www.abledata.com
AbleData provides objective information about assistive technology products and rehabilitation equipment.

All-Ways Accessible

128 Hall St, Suite F Concord, NH 03301 1-800-684-0270 www.awalifts.com

All-Ways Accessible, Inc. specializes in the sale, installation and service of residential home elevators, Stiltz, limited use limited application elevators (L.U.L.A), vertical wheelchair lifts, stair lifts, dumbwaiters, material handling lifts, patient lifts, and modular ramps.

Assistive Technology in NH (AT in NH)

University of New Hampshire Institute on Disability 10 West Edge Drive, Suite 101 Durham, NH 03824 603- 862-4320 or 1-800- 238-2048 www.atinnh.org AT in NH has two main focuses; Training, Education and Outreach: AT Trainings, Classes, and Workshops and AT Policy and Assistive Technology Services: Equipment Demonstrations, Loans and Refurbishing/Recycling

Crotched Mountain ATECH Services

1 Verney Drive Greenfield, NH 03047 603)-547-3311 http://www.crotchedmountain.org/Programs-and-Services/ATECH-Services/ATECH-Services/

As the largest and most comprehensive provider of assistive technology services in New Hampshire, Crotched Mountain ATECH Services offers creative options for people of all ages and abilities.

Ride-Away

54 Wentworth Avenue Londonderry, NH 03053 1-800- 237-7979 or 603- 216-3964 <u>www.ride-away.com</u> *Ride-Away® is one of the largest wheelchair van dealers in the United States because we offer the industry's best service and product selection.*

Adaptive Equipment

Northeast Passage

107 Hewitt Hall. UNH Durham, NH 03824 603-862-0070 http://www.nepassage.org

Explore health, wellness, access, sports and recreation with Northeast Passage, serving individuals with disabilities, their friends, families and communities.

Crotched Mountain, Refurbished Equipment Marketplace

57 Regional Drive, Suite 7 Concord, NH. 03301 603-226-2900

www.shoprem.com

Centralized depository of previously owned assistive technologies that have been donated, refurbished, and made available for purchase to individuals and dealers throughout New Hampshire.

Waterville Valley Foundation Adaptive Sports Programs

Box 253 Waterville Valley NH 03215 Contact: Kathy Chandler 603-236-8311, ext. 3175 <u>http://www.waterville.com/info/winter/adaptive.asp</u> *Physically and mentally challenged children and adults team up with extraordinary volunteers and learn to ski down a snowy slope unencumbered by a wheelchair or braces.*

Crotched Mountain Rehabilitation Center

Wheelchair Seating and Mobility Clinic 1 Verney Drive Greenfield, NH 03047 603- 547-3311, Ext. 1597 www.crotchedmountain.org Offering a lifelong alliance to people with disabilities.

The White Mountain Adaptive Ski School, Loon Mountain

RR1 Box 41 Lincoln, NH 03251 Contact: Geoff Krill 603-745-6281 ext. 5663 http://www.dsusa-ne.org

Dedicated to providing ski instruction and adaptive equipment to adults, teens and children with physical and cognitive disabilities.

Bretton Woods Adaptive Ski Program

Route 302 Bretton Woods, NH 03575 603-278-3398 <u>http://www.brettonwoods.com/alpineski/?edit_id=87</u> Serves the whole family, making it possible for everyone to enjoy the thrill of skiing regardless of disability Huggins Hospital Adaptive Sports Program

240 South Main Street Wolfeboro, NH 03894 Contact: Jennifer Fraser PT 603-569-3022 http://www.hugginshospital.org

Programs offered are Adaptive Ski Program at King Pine Ski Area, Therapeutic Riding Program, Adaptive Biking, Children's Tennis. Equipment available for use by reservation in lesson programs: Mono Ski, Bi Ski, Dual Ski, Three Track, Four Track, Slider-Glider, Two Track Adaptive - Children's Starter Tennis Equipment

New England Handicapped Sports Association [NEHSA]

P.O. Box 2135 Newbury, NH 03255-2135 Contact: Tom Kersey 603-763-9158 <u>http://www.nehsa.org</u> NEHSA bears witness to the triumph of the human spirit by helping people with disabilities and their families enrich their lives through adaptive sports, recreation and social activities.

AbilityPLUS

P.O. Box 253 Waterville Valley, NH 03850 978-365-6200 http://www.abilityplus.org

Dedicated to helping disabled people of all abilities realize their dreams of inclusion through adaptive skiing and other recreation opportunities.

Recreation Leisure

Northeast Passage

107 Hewitt Hall. UNH Durham, NH 03824 603-862-0070 <u>http://www.nepassage.org</u> *Explore health, wellness, access, sports and recreation with Northeast Passage, serving individuals with disabilities, their friends, families and communities.*

Crotched Mountain Accessible Recreation & Sports (CMARS)

1 Verney Drive Greenfield, NH 03047 603- 547-3311, Ext. 1664 <u>http://www.crotchedmountain.org</u> *Offering a lifelong alliance to people with disabilities.*

Disabled Sports USA

451 Hungerford Drive, Suite 100, Rockville, Maryland 20850 1-301-217-0960 http://www.disabledsportsusa.org/

Providing adaptive sports opportunities for people with disabilities to develop independence, confidence and fitness through sports.

National Wheelchair Basketball Association

1130 Elkton St, Suite C Colorado Springs, CO 80907 719-266-4082 Fax: 719-266-4876

www.nwba.org

The National Wheelchair Basketball Association provides individuals with physical disabilities the opportunity to play, learn, and compete in the sport of wheelchair basketball.

National Wheelchair Softball Association

Commissioner Bruce Froendt 13414 Paul Street Omaha, NE 68154 402-305-5020

www.wheelchairsoftball.org

Wheelchair softball is an exciting and challenging summer sport that enables most wheelchair users to compete.

Wheelchair Sports Federation

6454 82nd Street, Suite 2 Middle Village, NY 11379-2329 917-519-2622

www.wheelchairsportsfederation.org

National non-profit that provides opportunities for the disabled and wheelchairbound adults and youth to play sports recreationally and competitively.

Ms. Wheelchair America

PO Box 86 Bryon Center MI 49315 1-877-679-4335

www.mswheelchairamerica.org

Ms. Wheelchair America provides an opportunity of achievement for women who happen to be wheelchair users to successfully educate and advocate for the more than 54 million Americans living with disabilities.

U.S Quad Rugby Association

http://usqra.org/ The United States Quad Rugby Association exists to provide opportunity, support, and structure for competitive wheelchair rugby to people with disabilities.

Wheelchair Sports and Recreation Association, Inc

2001 Marina Drive, Suite 113W North Quincy, MA 02171 617-773-7251

http://www.wheelchairsportsandrecreation.com/

Wheelchair Sports and Recreation Association, Inc works in the use of recreational and sports activities among the newly disabled as catalysts for regaining active, invigorating lifestyles.

CAPEable Adventures, Inc.

51 Chipman Rd. Sandwich, Massachusetts 02563 508-566-3298 <u>http://www.capeableadventures.org</u> *Activities: Hiking, kayaking, fishing, camping, swimming*

Lakes Region Disabled Sports at Gunstock

PO Box 1307 Gilford, New Hampshire 03247 603-737-4365 1-800-GUNSTOCK ext. 165 <u>http://www.gunstockadaptive.org/home</u> *Activities: Alpine downhill skiing, snowboarding*

National Alliance for Accessible Golf

One World Golf Place St. Augustine, FL 32092-2724 904- 940-4204

www.accessgolf.org

Couples community programs and resources to enhance opportunities for people with disabilities to become involved in the game of golf.

Access Sport America

119 High Street Acton, MA01720 978-264-0985 Toll Free: 866-457-7678 <u>www.windsurf.org</u> Inspires higher function and fitness for children and adults of all disabilities through high-challenge sports and training.

Waypoint Adventure

Newtonville Ave. Newton, MA 02458 617-244-5472 www.waypointadventure.org

Help youth and adults with disabilities discover their purpose, talents and strengths through the transforming power of adventure.

Travel

Society for Accessible Travel and Hospitality (SATH)

1489 West Palmetto Park Road Suite 495 Boca Raton, FL 33486 1-800-513-1126 www.sath.org

Access-ABLE Travel Source

PO Box 1796 Wheat Ridge, CO 80034 1-303-232-2979 www.access-able.com

Accessible Journeys, Inc.

Toll Free: 1-800-846-4537 610-521-0339 www.accessiblejourneys.com

Medical Travel, Inc.

Toll Free: 1-800-308-2503 407-438-8010 www.medicaltravel.org

Comm Trans

792 South Cooper Street Memphis, TN 38104 Toll Free: 1-800-737-9394 www.commtrans.com

Allied Community Services, Inc.

3 Pearson Way Enfield, CT 06082-2655 860-741-3701 www.alliedgroup.org

Disabled Travelers

http://www.disabledtravelers.com

Easy Access Travel

1716 Morning Glory Carrollton, TX 75007 1-800-920-8989 www.easyaccesstravel.com

Wheelchair Getaways

P.O. Box 1098 Mukilteo, WA 98275 800-536-5518 www.wheelchairgetaways.com

Access Anything

Access Anything is an online travel resource for people with disabilities. <u>www.accessanything.net</u>

Wheelchair Escapes 866-382-3596 www.wheelchairescapes.com

Accessible parks/ recreation attractions Please refer to:

New Hampshire

http://www.nhoutdoors.com/handicap-accessible-outdoor-facilities-in-new-hampshire/

Massachusetts

http://www.mass.gov/eea/agencies/dcr/

http://accessrec.org/

Completed by:

Danielle DeFranzo

University of New Hampshire

Internship: Summer 2014

Revised: January 2017