



## ImPACT Sport Concussion Testing Clinic

### Services/Price List

<p><b>Baseline ImPACT and BESS Testing:</b> ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) is a user friendly, computer based program which is designed to test cognitive function like concentration, memory and reaction time. BESS (Balance Error Scoring System) is an objective method of assessing static postural stability. Information from the BESS can be used to assist in making return to play decisions following concussion. Includes education packet, consultation and hard copy results to take home. Post Concussion testing within 2 years from baseline date, one time a week, until recovered is included in this price. Retesting if necessary due to invalid results will be free of charge.</p>	<p>\$50.00</p>
<p><b>Baseline ImPACT only Testing:</b> ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) is a user friendly, computer based program which is designed to test cognitive function like concentration, memory and reaction time. Includes education packet, consultation and hard copy results to take home. Post Concussion testing within 2 years from baseline date, one time a week until recovered is included in this price. Retest if necessary due to invalid results will be free of charge.</p>	<p>\$40.00</p>
<p><b>Baseline BESS only Testing:</b> BESS (Balance Error Scoring System) is an objective method of assessing static postural stability. Information from the BESS can be used to assist in making return to play decisions following concussion.</p>	<p>\$15.00</p>
<p><b>Post Concussive ImPACT Testing without Baseline:</b> If an athlete has not taken a baseline test, ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) has developed norms that can be used to evaluate the recovery process of a concussed athlete. Includes education packet, consultation and hard copy results to take home or to your physician. While these norms can be used to monitor recovery they do not replace the value of the athlete being compared to their own baseline. Repeat testing, if necessary one time a week until recovered is included in this price.</p>	<p>\$40.00</p>
<p><b>Team/Group Baseline ImPACT and BESS Testing:</b> Services the same as individual Baseline ImPACT and BESS Testing.</p>	<p>Call for pricing</p>

Northeast Rehabilitation Outpatient Physical Therapy clinic located at 4 Plaistow Rd, Plaistow NH will offer ImPACT testing for all ages 10/ 6<sup>th</sup> grade and up. While this service is open to everyone, it is highly recommended for any athlete who participates in contact sports including but not limited to: football, soccer, field hockey, basketball, wrestling, ice hockey and lacrosse. The testing takes approximately one hour.

**If you would like to schedule a test, call or email:**

**NRH ImPACT Sports Concussion Testing Clinic**

**[Sportsmedicine@northeastrehab.com](mailto:Sportsmedicine@northeastrehab.com)**

**or 1-603-681-3570**



## **ImPACT Sport Concussion Testing Clinic**

Thank you for your interest in Northeast Rehabilitation Hospital Network ImPACT Sport Concussion Testing Clinic located inside Cedardale Health and Fitness 931 Boston Road, Haverhill MA. This clinic features ImPACT testing, BESS testing, Neuropsychologist consultation if necessary, same day take home test results and a copy of our Concussion Playbook.

ImPACT is a computerized exam assists many professional, collegiate, and high school sports programs across the country to successfully manage concussions. If an athlete is believed to have suffered a head injury during sport, ImPACT is used to assist the health care professional in determining the severity of head injury and when the injury has healed. This non-invasive test is set up in “video-game” type format and takes about 35-45 minutes to complete and is appropriate for ages 10 and up. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. This preseason physical of the brain is called the Baseline ImPACT and the results are valid for two years from the date of testing. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

While attending the clinic, the athlete will have the option of taking the BESS test as well. The BESS (Balance Error Scoring System) provides a method of assessing static postural stability. This too can be used to assist your health care provider when making a “safe return to play” decision following a head injury.

If a concussion is suspected, the athlete should re-take the ImPACT test. Post-injury retesting, will take place approximately once a week, until recovered with Neuropsychologist consultation, if necessary. Both the preseason and post-injury test data will be given to you, to share with your family doctor or other healthcare provider. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete.

A hard copy of all test results will be available to take home on the day of testing after it has been reviewed with you. A copy of our Concussion Playbook will be given to each client. This playbook is an educational tool and valuable reference about concussions.

This service is open to all athletes ages 10 and up and is highly recommended for those that participate in contact sports including but not limited to: football, soccer, field hockey, basketball, wrestling, ice hockey and lacrosse. The total appointment will take approximately one hour.

If you have questions or would like to schedule a baseline test or a post-injury test please call/email:

**NRH ImPACT Sports Concussion Testing Clinic**

**[Sportsmedicine@northeastrehab.com](mailto:Sportsmedicine@northeastrehab.com)**

**1-603-681-3570**